

Curious about your purpose?

Discover more using this step-by-step guide



	Take steps to pursue your purpose	Make note of your insights
1.	Pray for wisdom! <ul style="list-style-type: none"> God says: "But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him." <i>James 1:5</i> 	
2.	Continue praying, seeking answers: If money and time didn't matter, what could work look like a year from now? <ul style="list-style-type: none"> Are you led to move up in your company or to another division? Do you feel the calling to transition into a different career? Are you guided to start your own business? Something else? 	
3.	Schedule specific time to ponder your discoveries and reflections. <ul style="list-style-type: none"> Picture yourself in that future place: What will it be like? What conversations do you need to have about what you've discovered? 	
4.	Consider: What is the most important action for you to take today in pursuit of your purpose? <ul style="list-style-type: none"> Once decided, commit to that single action! Make time to reflect on this commitment daily. Be specific in your planned "think time." <ul style="list-style-type: none"> Is this reflection time while you pour your coffee? Is it before you open your email? Go further: Define small steps within that committed action. 	
5.	Think about your resources. <ul style="list-style-type: none"> Ask yourself: "Who will partner with me in this commitment?" Get that person or persons onboard. Consider what other resources will serve you in the journey, whether they be tools or processes. 	
6.	Write it down. <ul style="list-style-type: none"> Journal in 'Notes' on your phone to track your progress or use this worksheet, posting it in a place you see regularly. Capture your successes and breakdowns. 	
7.	Re-evaluate and keep progressing: Don't forget to celebrate your successes along the way!	



Need a partner in the journey?

Coaching is one of the few times in life when it's all about you. As a credentialed coach, you have my full professional attention as we close the gap on discovering, confirming and pursuing God's purpose for your life. Together, we map out a plan of action moving you forward in fulfilling your commitment. Contact me today to set up your no-cost, 30-minute, "in-pursuit-of-purpose" session.