

# Curious about your purpose?

Discover more using this step-by-step guide



	Take steps to pursue your purpose	Make note of your insights
1.	<b>Pray for wisdom!</b> <ul style="list-style-type: none"> <li>God says: "But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him." <i>James 1:5</i></li> </ul>	
2.	<b>Continue praying, seeking answers: If money and time didn't matter, what could work look like a year from now?</b> <ul style="list-style-type: none"> <li>Are you led to move up in your company or to another division?</li> <li>Do you feel the calling to transition into a different career?</li> <li>Are you guided to start your own business?</li> <li>Something else?</li> </ul>	
3.	<b>Schedule specific time to ponder your discoveries and reflections.</b> <ul style="list-style-type: none"> <li>Picture yourself in that future place: What will it be like?</li> <li>What conversations do you need to have about what you've discovered?</li> </ul>	
4.	<b>Consider: What is the most important action for you to take today in pursuit of your purpose?</b> <ul style="list-style-type: none"> <li>Once decided, commit to that single action!</li> <li>Make time to reflect on this commitment daily. Be specific in your planned "think time."                             <ul style="list-style-type: none"> <li>Is this reflection time while you pour your coffee?</li> <li>Is it before you open your email?</li> </ul> </li> <li>Go further: Define small steps within that committed action.</li> </ul>	
5.	<b>Think about your resources.</b> <ul style="list-style-type: none"> <li>Ask yourself: "Who will partner with me in this commitment?"</li> <li>Get that person or persons onboard.</li> <li>Consider what other resources will serve you in the journey, whether they be tools or processes.</li> </ul>	
6.	<b>Write it down.</b> <ul style="list-style-type: none"> <li>Journal in 'Notes' on your phone to track your progress or use this worksheet, posting it in a place you see regularly.</li> <li>Capture your successes and breakdowns.</li> </ul>	
7.	<b>Re-evaluate and keep progressing: Don't forget to celebrate your successes along the way!</b>	



## Need a partner in the journey?

Coaching is one of the few times in life when it's all about you. As a credentialed coach, you have my full professional attention as we close the gap on discovering, confirming and pursuing God's purpose for your life. Together, we map out a plan of action moving you forward in fulfilling your commitment. Contact me today to set up your no-cost, 30-minute, "in-pursuit-of-purpose" session.